

**Mollie Heiden, CTRS**  
**Certified Therapeutic Recreation Specialist | Comfort Matters® Educator**  
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As a leader in the field of aging services Mollie Heiden has spent eight years serving older adults in a variety of roles. Currently, Ms. Heiden serves as a Certified Therapeutic Recreation Specialist at Beatitudes Campus and an educator for Comfort Matters®, a nationally and internationally recognized dementia care education program. Her work focuses on creating comfort for people living with dementia through individual empowerment and engagement. Ms. Heiden also serves as a field instructor for Arizona State University, where she educates interprofessional students on the connection between the five senses and communication, emotional wellbeing, and life enrichment in the lives of older adults.

As a dementia champion for Dementia Friendly America®, Ms. Heiden has been recognized for her contributions to Dementia Friendly Tempe, Arizona. She has been instrumental in promoting the Arizona Commission of the Arts, where she teaches local artists how to create art with people living with dementia. Her leadership in therapeutic recreation has contributed to quality of life for thousands of older adults on both a state and national level.

Ms. Heiden earned a B.S. in Therapeutic Recreation (2017) from Arizona State University.